



POOL TIMETABLE

From 12th January 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
06:00	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	CLOSED		06:00		
06:30										
07:00						07:00				
07:30						07:30				
08:00						08:00				
08:30	08:30									
09:00	SWIM FIT (3 LANES) 9.10-9.55	OPEN SWIM	SWIM FIT (3 LANES) 9.10-9.55	OPEN SWIM	SWIM FIT (3 LANES) 9.10-9.55	SWIMMING LESSONS 2 LANES	SWIMMING LESSONS 2 LANES	09:00		
09:30	OPEN SWIM	AQUA (3 LANES) 10.00 - 10.45 ADULT ONLY	OPEN SWIM	SWIMMING LESSONS 2 LANES 9.30- 11.00	AQUA (3 LANES) 10.00 - 10.45 ADULT ONLY			09:30		
10:00								10:00		
10:30	10:30									
11:00	AQUA (3 LANES) 11.00 - 11.45 ADULT ONLY	OPEN SWIM	AQUA (3 LANES) 11.00 - 11.45 ADULT ONLY	OPEN SWIM	OPEN SWIM			11:00		
11:30	11:30									
12:00	ADULTS ONLY 12.00 - 13.30 LANE SWIMMING APPLIES	ADULTS ONLY 12.00 - 13.30 LANE SWIMMING APPLIES	ADULTS ONLY 12.00 - 13.30 LANE SWIMMING APPLIES	ADULTS ONLY 12.00 - 13.30 LANE SWIMMING APPLIES	ADULTS ONLY 12.00 - 13.30 LANE SWIMMING APPLIES			12:00		
12:30	12:30									
13:00	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM			ADULTS ONLY 13.00-14.00 LANE SWIMMING APPLIES	ADULTS ONLY 13.00-14.00 LANE SWIMMING APPLIES	13:00
13:30								13:30		
14:00						SPLASH TIME 2.00 - 4.00PM	SPLASH TIME 2.00 - 4.00PM	14:00		
14:30								14:30		
15:00								15:00		
15:30	15:30									
16:00	SWIM LESSONS 2 LANES UNTIL 7.30PM	SWIM LESSONS 3 LANES UNTIL 7.30PM	SWIM LESSONS 2 LANES UNTIL 7.30PM	SWIM LESSONS 2 LANES UNTIL 7.30PM	SWIM LESSONS 2 LANES UNTIL 7.30PM	OPEN SWIM	OPEN SWIM	16:00		
16:30						16:30				
17:00						17:00				
17:30						17:30				
18:00						ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES
18:30	18:30									
19:00	19:00									
19:30	19:30									
20:00	20:00									
20:30	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	20:30		
21:00								21:00		
21:30								21:30		

AQUA	Adults Only in the pool area during this class - at least one lane available for swimming
SPLASH TIME	Two lanes available for swimming
OPEN SWIM	One lane may be used for private lessons.
SWIM LESSONS	At least one lane will be free for open swim